

**Welcome to
Roxbourne Medical Centre**

Roxbourne Medical Centre is a purpose built premises equipped to the highest standards and design to create a warm and friendly environment. The practice provides NHS care under a GMS Contract and is a training practice.

Meet the Team

Doctors

Dr. Sarmad Zaidi (Male)
Dr. Shah Masood Farooqi (Male)
Dr. Maliha Mirza (Female)
Dr. Roshni Doshi (Female)

GP Registrar

Dr. Muhammad Najim (Male)

Practice Nurses

Trudy Esposito

Healthcare Assistant

Kellie Brogan
Priyanki Patel

Phlebotomists

Nafees and Komalpreet

Business Manager

Pratibha Kumar

Practice Manager

Trupti Chauhan

Secretary

Sue Sullivan

Reception & Administration Staff

We have a team of Receptionists and Administrative staff providing support to our patients and those using our community services.

If you would like this letter or information in an alternative format or if you need help communicating with us (for example, because you use British Sign Language), please let us know. You can call us on 0208 4225602 or email haroccg.e84022@nhs.net



Minor Surgery Aftercare

**Roxbourne Medical Centre
37 Rayners Lane
Harrow
Middlesex
HA2 0UE**

Tele: 020 8422 5602

Website: www.roxbournemc.com

Facebook: @RoxbourneMedicalCentre

Twitter: @Roxbournemc

Instagram: @ roxbournemc

All patient enquiries should be submitted via the Klinik Access banner on our website or via the following link:

<https://access.klinik.co.uk/contact/roxbourne-medical-centre>

Opening hours

Monday—Friday	8am—6.30pm
Saturday & Sunday	CLOSED
Bank Holidays	CLOSED

We operate a pre-booked extended clinic from 7.30am – 8am Monday – Friday

Out of Hours: NHS 111 or 020 3402 1303

What is Minor Surgery?

We provide a minor surgery service for our patients as well as those that have been referred by their GP in the Harrow area.

What can we remove:

- Skin lumps
- Cysts

We DO NOT remove:

- Moles
- Skin tags
- Warts
- Toe nails

WE DO NOT CARRY OUT ANY PROCEDURES FOR COSMETIC REASONS AND FOLLOW STRICT NHS GUIDELINES

Who does it?

Dr Zaidi performs our minor surgery and is assisted by our Nurse/ HCA team.

When does it happen?

We operate a minor surgery clinic twice a month on Tuesdays between 12.30pm—1.30pm. Appointments are required.

Where does it happen?

This service runs from our practice premises.

How long does it take?

Most lesions can be removed in 15 minutes but sometimes can take longer. It is impossible to give an exact procedure time as every patient's lesion is different and therefore appointments may not run to the exact timings. If this does occur we would ask for your patience.

Consent and questions you may have

Prior to the procedure you will be asked to sign a consent form and have the opportunity to ask any questions that you might have.

How is the procedure carried out?

Most procedures are carried out using local anesthetic (an injection around the site of the lesion which is similar to that used by dentists.) This will sting initially, but quickly stops.

If you have had a bad reaction to local anaesthetic in the past it is important that you inform us.

You should not feel any pain during the procedure however if you do please inform the Doctor immediately. You may feel a sensation of pressure in the area.

Once the lesion is removed, the skin will often be closed with a few stiches although this is not always necessary. If there is a need for stiches you will be told by the Doctor when to make an appointment with a nurse to have these removed (usually around 1 week).

Please note that if you are NOT registered with Roxbourne Medical Centre then you will need to see your own GP/ Practice Nurse for follow up care.

All lesions removed are sent to the laboratory for examination.

Please note that if you are NOT registered with Roxbourne Medical Centre then your results will be sent to your own GP.

What happens afterwards?

The local anaesthetic lasts for approximately 2 hours. Over the counter painkillers such as paracetamol can be taken to ease any pain after this time.

After the procedure the wound will be dressed. This should ideally be left in place for 48 hours.

It is important to keep the dressing as clean and dry as possible during the period.

If you are still in pain after 48 hours or if the wound becomes red or starts to discharge pus then please make an appointment with a nurse as soon as possible.

Please note that if you are NOT registered with Roxbourne Medical Centre then you will need to see your own Practice Nurse for follow up care.

Results of lesion cytology

Approximately 3 weeks after your procedure we will send you a letter confirming the diagnosis of your lesion from the laboratory.

Please note that if you are NOT registered with Roxbourne Medical Centre then your results will be sent to your own GP. You should contact them for the results.

Will there be a scar?

All surgery will leave some form of a scar. If you have any concerns regarding scars please discuss this with the Doctor prior to the procedure.