Reduce the risk of life-threatening complications from COVID-19

You're 4 times 7
more likely to quit
with expert help

0300 303 2868



Quit smoking with Harrow Recovery Centre



Call **0300 303 2868** for free & confidential support, including:

Regular telephone/video call sessions with a smoking cessation advisor.

Nicotine replacement products (e.g. gum, patch, lozenge, inhaler, nasal spray) sent by recorded **delivery to your home**

HarrowStopSmoking@wdp.org.uk HarrowStopSmoking@wdp.cjsm.net



